All	Assemblies| Successful Lives Days| Exams| Progress Checks| Celebrating Success | Activities Days| Year Group trips																	
Themes	**Ambitious**			**Resilient**			**Independent**			**Reflective**			**Collaborative**					
13	UCAS and post 18 pathway		Destinations	Coping with exam stress			RSE	Moving out	Finances	Mock exam review	VESPA	Year 12 Self - reflection	Tutor quiz and competitions			Leaver's celebrations		
12	Post 18 options UCAS	WEX and careers	Preparing for interviews	Coping with exam stress			Study skills		Relationships	Retrieval	VESPA	Preparing for mock exams	Enterprise successful lives day		Celebrating success assemblies		Tutor quiz and competitions	
11	Goal setting	Belief	Success – what does it mean	Overcoming learning fatigue	Optimism / Positivity	Optimism / Positivity	Post-16 choice/options	Self-sufficient	Acting on feedback	Reflection	Evaluating results	Modifying approach	Coping with exams		Mind, body, breath		Confidence	
10	Goal setting	Mock Prep	Leadership (prefects)	Mock Prep & Reflection	Perseverance	Fear of failure	Work Experience	Organisation & Revision	Positive choices / Self-promotion	Wellbeing	Self-promotion & achievements	Mock Reflection	Wellbeing		Mindfulness		Work Experience	
9	Future planning	Ambition	Teamwork	Worrying vs anxiety	Working together	Problem solving	Critical thinking	Decision making	Online etiquette	Motivation	Learning review	Reflection on exams	Taking responsibility		RESPECT		Body image	
8	Progress	Self-discipline	Teamwork	Friendships / daily problems	Decisions	Seeking assistance	Accepting consequences	HW	Options	Exams Planning	Learning approach	Self-Assess Strategies	Goal setting		RESPECT - feelings		Self-confidence	
7	Goals	Planning	Pride	Trying again	Transition	Responsibility	Organising HW	Time management	Time management	Primary Reflection	Memory Skills	Progress Passport	Working together		Regulating behaviour		RESPECT	