Cambridge National Sports Studies Learning Pathway

Year 10	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Topic	**Practical assessment and strengths/weaknesses analysis**	**Measuring progress and training programmes**	**Leadership planning and risk assessment**	**Leadership delivery and controlled assessment**	**Review and improvement of leadership work**	**Introduction to R187 contemporary issues in sport**
Threshold concept explored	Performance Self-analysis	Improvement Training response	Leadership Safety	Responsibility Communication	Evaluation Reflection	Contemporary sport Participation
Threshold skills explored	Observation Practical performance analysis Identifying strengths and weaknesses	Planning training Measuring progress Using evidence	Session planning Risk assessment Organisation	Leading others Communication Adapting activities	Review writing Improving coursework Using feedback	Written coursework Retrieval Connecting sport to wider issues
Building on	KS3 practical PE and experience across different sports.	Term 1 performance analysis and knowledge of training methods.	Training programmes and practical performance from Terms 1-2.	Leadership planning and risk assessment work.	Delivery of practical sessions and feedback received.	Sports Studies coursework and KS3/Year 10 practical sport knowledge.
Leading to	Training programmes and controlled assessment evidence.	Leadership planning and coursework submissions.	Leadership delivery and practical assessment tasks.	Review and improvement of leadership work.	Final coursework improvement and R187 introduction.	Year 11 R187 examined content.
How will you know how you are doing and how to improve it?	Practical assessment, teacher feedback and coursework checks.	Training programme feedback and measuring progress tasks.	Controlled assessment checkpoints and planning feedback.	Teaching practice, peer response and teacher feedback.	Review write-ups, coursework feedback and resubmission opportunities.	Retrieval questions and introductory R187 tasks.
Experiences to look out for	Badminton and basketball assessments, strengths and weaknesses write-up.	Training methods, improvement plans and practical measuring progress.	Risk assessment, lesson planning and preparation for leadership.	Students leading practical sessions and completing controlled assessment.	Reviewing leadership performance and improving coursework.	Beginning R187 and linking sport to wider contemporary issues.
A link to useful resources	OCR Cambridge National Sport Studies specification Class coursework templates	Training programme resources Assessment feedback sheets	Leadership planning templates Risk assessment guidance	Controlled assessment guidance Practical leadership feedback	Coursework support materials Review templates	OCR R187 revision materials Class booklets

Year 11	Term 1	Term 2	Term 3	Term 4	Term 5
Topic	**R187 coursework completion and final submissions**	**Revision and assessment preparation**	**Contemporary issues in sport**	**Sporting values, major events, NGBs and technology**	**Final examination preparation**
Threshold concept explored	Organisation Completion	Retrieval Confidence	Participation Barriers and solutions	Values Governance Technology	Performance Exam readiness
Threshold skills explored	Coursework production Meeting deadlines Using feedback	Recall Revision planning Topic testing	Explaining issues Applying examples Written responses	Evaluation Case studies Extended responses	Exam technique Timing Answer structure
Building on	Year 10 coursework and R187 topic introductions.	Completed coursework units and prior R187 learning.	KS3 PE, Year 10 Sport Studies and early Year 11 revision.	Contemporary issues and participation themes from Term 3.	Full course content and practice assessment feedback.
Leading to	Final coursework submission and revision.	Examined R187 content and topic tests.	Sporting values, major events, NGBs and technology.	Final revision and OCR examination.	OCR Cambridge National Sports Studies examination.
How will you know how you are doing and how to improve it?	Submission feedback, checkpoints and teacher review.	Retrieval quizzes, revision tasks and topic tests.	Topic tests, practice questions and feedback activities.	Practice exam responses and feedback on evaluation.	Past-paper practice, revision review and teacher feedback.
Experiences to look out for	Coursework moderation, final submissions and feedback lessons.	Revision lessons and assessment preparation.	Discussion of user groups, barriers, popularity of sport and values.	Case studies of events, governing bodies and technology in sport.	External examination preparation and revision support.
A link to useful resources	OCR Cambridge National Sport Studies specification Coursework support materials	Class revision materials OCR resources	OCR R187 revision materials BBC Sport examples	OCR resources Past-paper style questions Class booklets	OCR past papers Revision checklists Teacher feedback